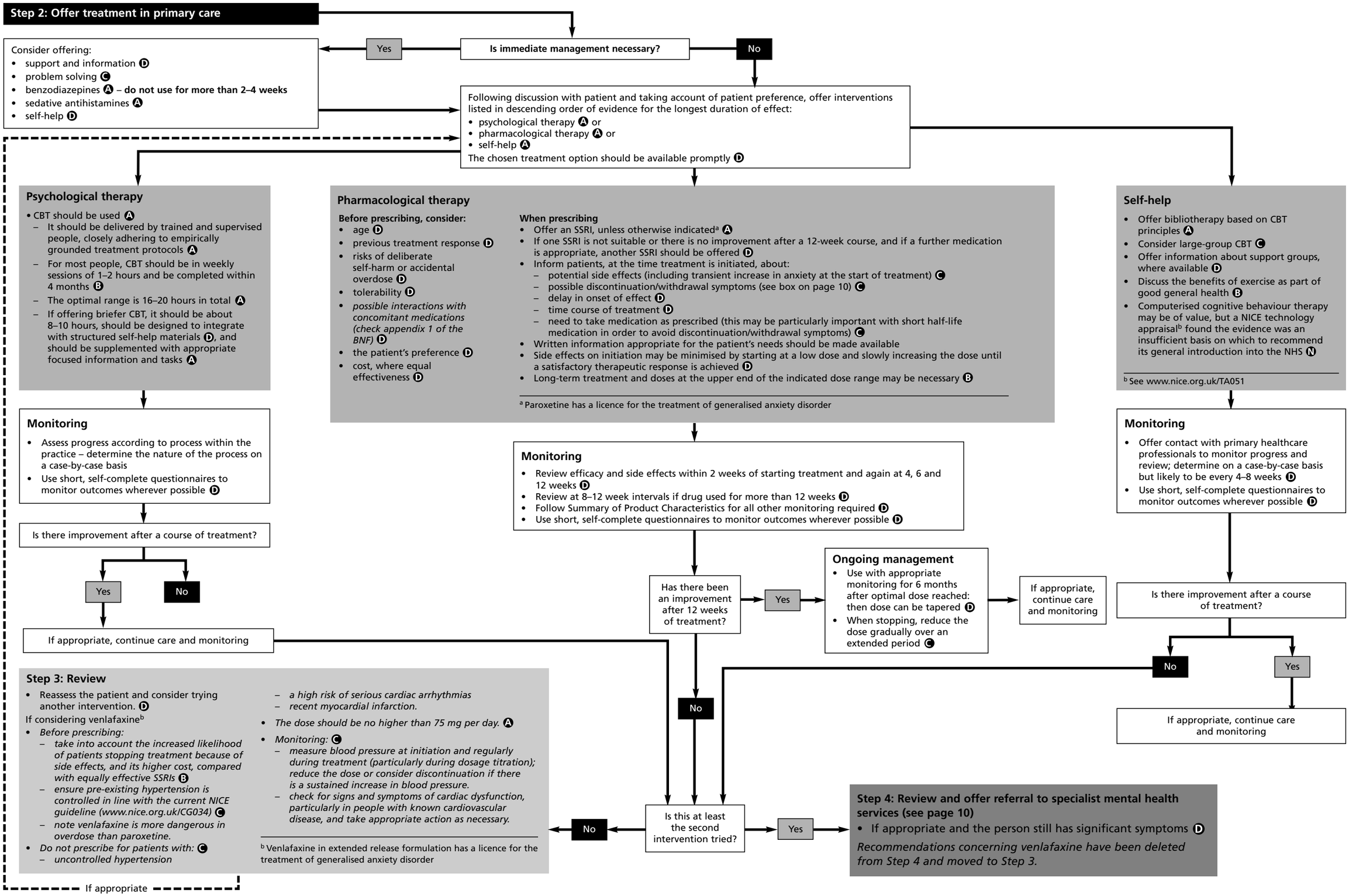Management of generalised anxiety disorder in primary care: Steps 2–4